

serious-break(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... **pain** = an unpleasant sensorial and emotional experience, associated with actual or potential **tissue damage**, or describe in terms of such damage ... – ... you feel *physical pain* when your arm breaks, and you feel *mental pain* when your heart breaks ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-comedy(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... does **comedy** set in motion the stimulation produced analgesia (iasp-pain.org :SPA) that cancels pain?

... **electrodes** / **long-distance running** – in effect triggers the release of endorphins and of related neuropeptides – called enkephalins and dynorphins

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-crisis(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... **chronic pain** ... – constitutes an immense invisible **crisis** at the center of **contemporary life** ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-culture(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... **our culture** – the modern, western, technocratic world – has succeeded in persuading us that **pain** is simply and entirely a **medical problem** ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-desire(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

Marguerite Duras: ... **narrative(s) of desire** ... – the writing of contemporary women represents the imperfect recovery of speech that the male social order and the male reason have long suppressed and driven underground, forced into such outlawed spaces as witchcraft, madness and sexual transgression ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-edge(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... any experience of survival, whether of large disaster, intimate personal loss, or more indirectly, severe mental illness, involves a psychic journey to the edge of the world of being. The formulative effort is the survivor's means of return ...

Robert Jay Lifton MD

socialization of evil / serious games / logic / pattern(s)

serious-epidemic(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... the current **epidemic of chronic pain** takes place largely within a **system of explanation** based solely upon the **mechanical assumptions** of **modern medicine** ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-explore(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... **historical meaning(s) of pain** – the mysterious process that binds human sensation to emotion, perception, language, time and place, ... – that we must now begin to explore ... / ... **pain seems the quintessential solitary experience** ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-feedback(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... in this future, everything you do will be monitored ...

you will receive feedback, from the system on how you are doing.

and when behaviors beget feedback loops - you guessed it - people start to play – Dignan (2011) cited from: exergames – chapter 4

serious games / logic

serious-future(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... **new thinking** ... – ... when we learn what **pain** can teach us, when we apply what we learn to the arena of **cultural change**, may just lead us to a **future** worth the pain it takes to create ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-gain(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... **secondary gain** ... comes only at the cost of an unending conscious misery that the patient desperately wants to shed ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-gamification(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

gamification(s) – goal(s)-feedback / motivation-discipline / reward(s)-punishment(s) / reputation-status: ... in many cases it might be not the principles but the style of gamification that arouses disgust, but after all these are targeted for a mass-audience, and does that include you ... ?

gamepocalypse / facebook / serious games

serious-goal(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

Joyce Carol Oates: ... systematic cultivation of pain in the interest of a life goal: ... such a pain is less chosen or accepted than inseparably bound up with the combination of talent & obsession that drives some writers to write and some fighters to fight ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-humor(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

Viktor Frankl: **humor** = the soul's weapon in the fight for self-preservation – laughter is almost inherently social and thus at the very least helps to break the **psychological isolation** of pain ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-ignorance(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

more is different

ignorance is useful ...

encourage random encounters

look for patterns in the signs ...

pay attention to your neighbours ...

scratch / investigation(s) / serious games / impact(s) / decor

serious-key(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... in almost every culture, a selective anesthesia is what permits us to tolerate the intolerable ... – [Sade]: showed us that the politics of the nervous system lead not to the **sentimentalist utopia of moral reform** and human fellowship, but to a tyrannous, underground system of rape, sodomy and murder ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-master(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

Alfred de Musset: ... **man is an apprentice, pain is his master** ... – with the help of (this) additional knowledge, I am convinced, we can begin to recover some of the **individual control over pain** that as a culture we once possessed and too hastily gave up ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-math(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-pain(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

no pain(s) no gain(s) – ... action(s) / energy ...

...

- cultural attitude(s) ... – happiness / science(s) / ... / / ...
- professional solution(s) ... – revolution(s) / ritual(s) / ... /

crush / serious / article(s): A BL C D ? EVO H ! ... QJ X Y Z

serious-pill(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... it is less our pain than our culture's. however, that draws us irresistably toward the medicine cabinet, as if pills and tablets held a kind of magnetic, eternal attraction for (our) unseen torments ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-placebo(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... the **placebo response** ..., it begins to appear, may be celebrated among our most effective and inexpensive defenses against the maladies of everyday life ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-point(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

Joyce Carol Oates: ... **boxing** ... takes us back to a ritualized world of **action** ... / **tragic pain** ... – places us in touch with the primal unspoken world of the body where our **answers and explanations** always seem somewhat beside the point ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-power(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... **hysteria** – formerly possessed the mysterious power to simulate any illness – ... now it may have discovered its ultimate disguise and learned how to simulate the invisible omnipresent malady that passes these days for **health** ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-repression(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... the only way to acknowledge such **disaster** (... holocaust/genocide ...) at the deepest level of emotion(s) would be through **repression** and **denial**, ... self-protective, trance-like inability to feel, a culture-wide anesthesia ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-silence(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... **silence** ... is the natural language of chronic pain ... – ... revolution(s) in medical thinking about pain, like a political revolution, fall(s) far short of creating an **instant utopia** ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-sin(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... **laughter** ..., according to the monk's theory, entered the world with **original sin**, and we know how quickly sin makes us intimately acquainted with the fun-loving, pain-filled life of the body ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-sport(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... professional athletes and dancers face **injury** as an almost forgone conclusion, but jogger's knees, tennis-elbows, aerobic shins, have almost turned the health and fitness boom into an unofficial **pain factory** ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-style(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

neurotic style(s) = the obsessive neurotic person's concern is to direct his/her slightest action(s) by general maxims and principles as s/he replaces the need to reach his/her overall decision by the technical problems of applying general principles to the given details ... (David Shapiro)

the examined life / theme(s) / DSM

serious-tear(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

Edmund Burke: **sublime** = (might be properly defined as) an **aesthetics of pain** – .. the tears of sentimentalism are meant to confirm and to elicit an **emotion** in the human heart that contains the power ultimately to transform the world ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-theory(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... to understand the behavior of (political) actors as they pursue particular ends in an evermore complex world necessitates the construction of theoretical models that help transform vague insights into coherent and logical explanations that clarify the insights and relate them to each other ...

game theory and politics

serious-thing(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... pain like weeping is also an intellectual thing ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-trivium(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

trivium(s)

happy / science / scratch / problem(s)

- grammar(s) – system / structure(s)

- logic(s) – rational / reason(s)

- rethoric(s) – style / expression(s)

design / in transition / serious games / mission(s) / impact(s)

serious-trust(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... the famous sentimental trust in natural goodness thus drew strength from a medically reinforced belief that our bodies in effect require us to share eachothers pain ...

Richard Selzer: there is no more beautiful sight in the world than that of a kindly, efficient doctor engaged in the examination of the body of a fellow human being ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-vision(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

... **political & visionary pain** ..., no matter how alien to the dominant system of medical thought, is still actively at work in the modern world, like a neglected but potentially **sacred text** ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain

serious-write(s)

serious – payoff(s) / challenge(s) / game(s) / math(s) / plan(s)

Marguerite Duras: ... **narrative(s) of desire** ... – provides an example of contributions that writers can make toward understanding maladies still resistant to the analytical lenses of medicine ...

life(s) / closure(s) / reflect(s) / fight(s) / culture of pain