Creativity:reflection and involvement

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1. Phenomenologically the oreative proces presents itself as play. Rules seem to be self-imposed. Reflection on oreativity here stops with making and knowing. I would however argue to reconsider some sort of genius-concept. Essential there stands the inaccessibility for the reflection of originality itself.

The emergence of rules is, caused by whatever power it may be) not in the grip of the artists of onscious will.

Kant explained this phenomenon as the tuning ot the powers of mind imaination and, reason, by Nature. His intention though was purely methodical. More aubstantial is Hegels point of view on the unconscious production. With Hegel ceniua stands for the energy to produce and for the power of symbolisation.

A strong analogy shows itself in Riooeurs interpretation of the (treudian) concept ot sublimation. Sublimation does not brin& forth the product itself ,but must be viewed as the energy to the oreative activity as an activity and also as the instrument tor symbolisation. Economically (in its psychodynamical meaning) it results in a compromise between the interiorisation of something external (authority) and the differentiation of something internal.

(Id,libido,narcism). /J( ~

It we compare \_ this with the philosophical nature of rules in general, which can be formulated by the phrase "that on the One band they make behaviour possible~ while on the other they pose limiting reatrictions on possible behaviour". then, I think, we can justifiably say that sublimation produces rules.

As oreativity is concerned we speak of a production-method. Characteristic tor which is just this compromise- aspect. (For instance in respect to form and content.)

2. Approduction methodheopsists of implicit and explaint (two sphase) are atternating components. That is to say, a phase of primary creativity Howings a incomponents are thouse compaint or beating ity or selective elaboration and which place and role must here be given to the reflection? (Note the analogy here with the distinction that Kant made.) Belonging to the second fase, or better it might I think, be viewed as the transition between the first and the second phase, there is a oritically control-ing judgement.

Though it can be said to give direction, it must nevertheless be negatively characterized as the moment on which the artist decides

what way not to go.

This judgement is the reflective moment of creativity.

I would say that a relevant reflection on the creative proce8~as ~ a proces requires the factual involvement in some sort ot or eative activity •

Creative activity implies the making of a produot. It not only includes the creation in the imagination but also essentially the making of the artefact. In other words, or eativity has to be placed within a model ot artistic productivity, the limits ot which are determined by materials, technique and by what you could call 'semantic load'. Within these limits a production-method can be developed.

The progression which is implied in the making ot a creative product presupposes a regression. This is a rather common opinion. Koestler for instance, speaks about a regression to lower levels ot mental functioning. From my own experiences I content to this. However, I'am anxious to hear experiences from others. Also I'am interested in possible (objective) observations ot this phenomenon. A difficulty in this respect is, according to my own view, the non-observability of the creative activity by a second person who is not at that moment involved himself.

A dialectic of hiding of archeological motives and clarification of teleological ones can be discovered in sublimation. Sublimation requires a return to naroism.

This is due partly to the temporal significance ot narcism, Freud used in this respect the term libido-reservoir.

Philosophically though, narcism is also relevant in its aspect of false selfoonsoiousness.

From the intimate oonneotion between sublimation, identification and idealisation follows that there must be some sort of selfreapect in narcism itself. In this oontext then sublimation should be seen as the emergence of selfoonsoiousness, in other words as a transcending of naroism by a return to it out of free will.

Do I say too much when I state that the oreative activity is labour on the level of emergence of selfconsoiousness?

And furthermore that for this reason oreative labour is also labour

of a reflective nature?

Here however, one must keep in mind that the produot is as well the result of that labour, as at the same time point of departure and final test of a reflection on the process of how it oame into existence.

This confuses me also.

3. Now, how does a production-method get developed?

To go into this I have to draw back on my own involvement and experience with artistic productivity.

The inoeption ot a certain creative procea can only be placed, very generally spoken, in one's own ~world (ot existence). Anyhow, in the first phase the decision is made for an aesthetic elaboration ot that inceptive element. Such a first fase lets itself be characterised as a "search for possibilities-.

A sort of 'block' is quite oommon here.

Even here there are moments of oriticising, of reflection.

Dominating however is a certain spontaneity.

The transition to the second phase consists of a reflection on the possibilities which have come forward, also the material (sketches, designs) resulting from the first tase play. an important role.

It is a reflection trom one's own 'world'.

(This 'own world' is -neoessarily limited. The 'ideal creative process' is, I think, non-existent, even unthinkable: limitations are is, I think, non-existent, even unthinkable: lialtat, ions are inherent in creativity!)

Choice ot materials, technique and 'content' is at issue.

At this point the possible reflection is principally unlimited as to torm and oontent. Moreover, it might be here that aesthetics/ the philosophy-of art-should (systematically spoken) take-its starting point to be able to come to a relevant articulation concerning the phenomenon of creativity. (Pragmatically, for the artist, things are different ot course.)
-Doubt- is the way in which the artist undergoes this moment. Here, in the transition to the final choice, is a sort ot 'black hole' tor the reflection.

This seems to me the momentalso of originality~ this is (at least part ot) that ill-famed gap between, 'planning and making~

Characteristic tor the finally chosen production-method is its being a compromise. 'Implicitness'is another aspect to be noted. It seems as it only the finished work of art tully demonstrates the production-method.

The second phase can be circumscribed as the < selective elaboration ot the material resulting < tase, on the basia

from the first phase of the cbosen production-method.

You oould say that this sequence, the alternation of the first and the second fase, repeats itself.

Anyway, steadily a more sharply defined production-method is established

One can speak of increasingly giving up questions of a personal kind in favour of more technical problems. questions of makeability~ This narrowing to the purely aesthetical can only be understood if the human impulse to (the search for) seltoonsciousness does not find its fullfilment otherwise than in the realisation of an aesthetic object.

Here I have to emprunt from hermeneutics, which learn~ us that: -"the work of art gives us an intensified consciousness ot ourselves.because in its facticity it is the 'representation' of a meaning which does not let itself be reduced to concepts".(in other words. words!)

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Summary: (Creativity: reflection and involvement.)

From the viewpoint of "production-methods" and so the 'emergence of rules' I discuss the (hermeneutic-phenomenological) theory of play. the (idealistic) concept of genius and the (psychoanalytically oriented) ooncept ot sublimation.

How does a production~method come into being? (1)

And what role is here to be given to the reflection? (2)

As 2 ooncerns a critically controlling judgement can be seen  $\mathbf{aS}$  a transition between a first phase of 'inspiration' and a second one of 'selective elaboration'.

This judgement is the reflective moment of creativity.

(It seems to me that a philosophical reflection on the creative process should (systematically spoken) take that moment as it's  $\cdot$  starting-point. }

Discussing the rather common opinion that the progression which ...is-implied by the creative act presupposes a regresalon. I develop the thesis that the creative activity can be taken **as** 'labour'

on the level of the emergence of self-oonsciousness.

The development of a production-method presents 'itself to me in my own involvement and experience with artistic production as a choice tollowing a (principally unlimited) reflection on the possibilities resulting from an original spontaneity. Inaccessible for the reflection is the point of doubt preceding that choice. Of the chosen production-method it's character of compromise is especially notable.

My oonclusion here is that the original impulseto (the search for) selfconsciousness only finds it's tullfilment in the realisation of the

creative object.

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