

embu 2/3/2003

1. (A) tenchi ken 3
2. (G) tenchi ken 2 + kubi nage
3. (A) ipponse nage, okuri nage
4. (A) fukko chi 2, ren hanko
5. (G) shita uke geri kote nage
6. (A) idori gyaku gote
7. (A) tenchi ken 4
8. (G) katamuna otoshi
9. (G) dan geri, ura mawashi geri; uwa uke nage
10. (A) ryote johaku nuki